



# ELEMENTARY EAST BREAKFAST MENU

2 <b>NutriGrain Bar</b>  Cheese Stick Fresh Fruit Choice of Milk	3 <b>NutriGrain Bar</b>  Cheese Stick Fresh Fruit Choice of Milk	4 <b>Otis Muffin</b>  Cheese Stick Fresh Fruit Choice of Milk	5 <b>Otis Muffin</b>  Cheese Stick Fresh Fruit Choice of Milk	6 <b>Kellogg's Rice Krispy Treat</b>  Cheese Stick Fresh Fruit Choice of Milk
9 <b>Kellogg's Rice Krispy Treat</b>  Cheese Stick Fresh Fruit Choice of Milk	10 <b>Cinni Mini</b>  Fruit Choice of Milk	11 <b>VETERAN'S DAY</b>	12 <b>Cinni Mini</b>  Fruit Choice of Milk	13 <b>Trix Cereal Bar</b>  Cheese Stick Fresh Fruit Choice of Milk
16 <b>Trix Cereal Bar</b>  Cheese Stick Fresh Fruit Choice of Milk	17 <b>Kellogg's Pop Tart</b>  Cheese Stick Fresh Fruit Choice of Milk	18 <b>Kellogg's Pop Tart</b>  Cheese Stick Fresh Fruit Choice of Milk	19 <b>Cin.Toast Crunch Cereal Bar</b>  Cheese Stick Fresh Fruit Choice of Milk	20 <b>Cin.Toast Crunch Cereal Bar</b>  Cheese Stick Fresh Fruit Choice of Milk
23 <b>Otis Muffin</b>  Cheese Stick Fresh Fruit Choice of Milk	24 <b>Otis Muffin</b>  Cheese Stick Fresh Fruit Choice of Milk	25 <b>Jump Start Breakfast Pack</b>	26 <b>HAPPY THANKSGIVING</b>  From Your Aramark Lunch Ladies	27 <b>NO SCHOOL</b>
30 <b>NO SCHOOL</b>				State requires offering of 1 cup of fruit at breakfast and lunch. If not on menu, is offered at register.

## Breakfast in the Classroom

**COST**  
**Free**

With CDC guidelines in effect  
Students will receive a  
breakfast bag upon arrival at  
school that will include the  
listed menu/utensils/napkins

**Choice of Fruit or Juice**  
What do you like? Fresh Apples?  
Oranges? Bananas?

**Choice of Milk**  
Variety includes low-fat and fat-free choices.

**Hello! My name is Ana.**  
Breakfast is my favorite meal  
of the day.

Hey Friends, be sure to start  
your day off right with a good  
breakfast! A balanced meal in  
the morning will give you the  
energy and nutrition you need  
to fuel your brain and body  
for a busy day.

